

The Lindens Neurobehavioral Stabilization Program



The Lindens offers an effective alternative to hospitalization and/or institutionalization for young people with intellectual or developmental disabilities, including autism, who are experiencing a behavioral crisis. Placement in a hospital or other institutional setting often compounds the crisis, and does not address its underlying causes.

Using a scientifically proven approach, the Lindens staff identifies the causes of a person's maladaptive behaviors, and then designs individualized interventions that greatly reduce or eliminate the behavior problems.

Program characteristics

- Residential program on Bancroft's main campus in Haddonfield, N.J.
- A homelike setting that helps prepare young people for more independent, less restrictive residences in the community.
- Strong emphasis on applied behavior analysis (ABA), a best practice in the disabilities field.

Program Description

The Lindens provides intensive behavioral intervention for young people ages 5 to 21 with intellectual or developmental disabilities who exhibit frequent, intense self-injury, aggression, property destruction, non-compliance and/or other challenging behaviors.

Mission Statement

Bancroft's mission is to ensure that every person is given opportunities for lifelong learning and fulfillment.

We do this by altering perceptions, and by supporting those with intellectual and developmental challenges and acquired brain injuries in achieving their life goals as valued and respected members of our world.

Program Leadership

Eric M. Eberman, M.S.Ed
Senior Operations Director,
Pediatric & Adolescent Residential
Services

Christina M. Vorndran,
Ph.D., BCBA-D
Senior Clinical Director,
Developmental Disabilities
Programs

For more information, please contact:
Bancroft
425 Kings Highway East
P.O. Box 20
Haddonfield, NJ 08033-0018
Toll-free: (800) 774-5516
TTY: (856) 428-2697
or visit www.bancroft.org

■ Pediatric Continuum | The Lindens (cont.)

State-of-the-art treatment

The Lindens provides a comprehensive behavioral assessment to determine the causes of an individual's problem behaviors and for use in developing interventions to eliminate or greatly reduce them. These evaluation and treatment methods involve a variety of carefully designed procedures and interventions, developed over many years of scientific and applied research.

As young people lessen their behavioral difficulties, the Lindens' staff also teaches them daily living and functional skills to further prepare them to live in less restrictive programs.

Another goal is to minimize individuals' needs for psychotropic medications.

Each person's daily schedule includes intensively staffed, structured activities, and may include group activities as well. A typical day includes assessment/treatment sessions, instruction in daily living skills, vocational/academic training, and leisure periods. Educational services are provided through a homebound tutor model. Individuals are also given opportunities for outings in the community.

A safe, homelike setting

The Lindens consists of three large, ranch-style homes overlooking a

shared courtyard. Each home has five bedrooms, a living room, dining room, kitchen and laundry room. Roll-in showers are available in each residence, to accommodate wheelchairs. All homes also contain rooms for behavior assessment sessions and group instruction.

The Lindens is designed for maximum safety. The homes are linked together by secure fences, which enclose the shared courtyard. All windows are shatterproof, and both windows and doors are electronically alarmed. The homes' heavy-duty furniture has rounded edges to minimize potential injuries.

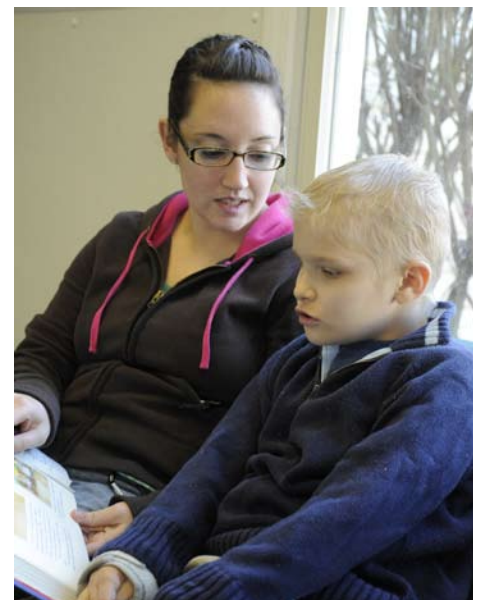
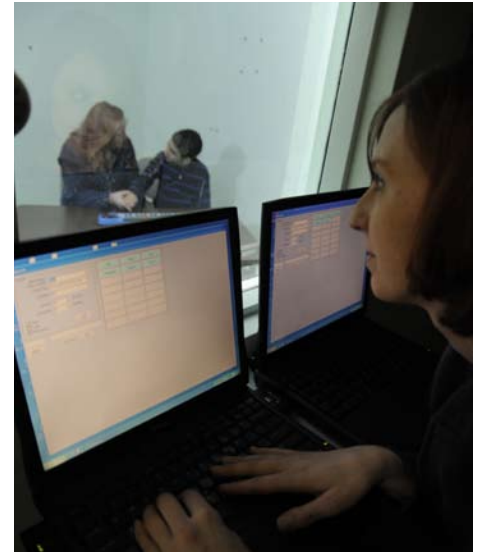
Discharge planning and assistance

A discharge site is identified during the admission process, so the Lindens staff can tailor the person's treatment plan to ensure the individual's success at that site—whether another program or the family home.

As discharge approaches, the Lindens staff works with family members and/or discharge-site staff to ensure a smooth transition and continued improvement once the person leaves the Lindens.

A range of "step-down" programs is also available at Bancroft, both on-campus and in the community.

The Lindens is a program of Bancroft Rehabilitation Services, a division of Bancroft.



“...the quality of care and the commitment to the clients at Bancroft is without a doubt remarkable.”

—Funder Representative